

Carla Pretorius | Bio and Client Base



Carla is a public speaker, registered Independent Industrial Psychologist with over seventeen (17) years' distinguished experience in organisational effectiveness & development. She co-owns www.mymindset.co.za an online personal development programme. She is a mental-toughness coach that coached one of South Africa's number one squash players. She is also an Arbinger Affiliate in South Africa and an International Gallup Certified Strengths Coach. **Her expertise** stretches from facilitating, coaching on all levels (executive, leadership and individuals); business strategy facilitation; organisational effectiveness; planning and work-flow processes; training & development; psychometric assessments; talent management; succession planning; professional CV writing; change/transition enablement. **Countries of virtual work experience:** South Africa and clients in The Netherlands, Tanzania/Kenya, New Zealand and Namibia.

Carla's CliftonStrengths: **CONTEXT | ARRANGER | RESPONSIBILITY | LEARNER | ACHIEVER**

(Re-arranged from CLAAAR - Context, Learner, Arranger, Achiever, Responsibility to spell her name: Carla)

WORK EXPERIENCE:

2017 - Present	Finding Solutions Consultants	Owner and Founder (started in 2014)
2015 - 2017	Momentum Metropolitan Holdings	OD Consultant/Specialist
2013 - 2015	Agrinet	HR Manager
2008 - 2013	Momentum Metropolitan Holdings	HR Consultant, Head of HR/OD
2005 - 2008	CLS	HR Consultant

COACHING EXPERIENCE:

<https://www.linkedin.com/in/carla-pretorius-5ba01930/>

<https://www.youtube.com/channel/UCaq9e6gMIFoTPDRJbKCrDnQ>

Number of clients coached	Industry	Paid coaching hours delivered	Coaching memberships
<ul style="list-style-type: none"> Over 85 Private clients 15 SMME's 2 Educational 15 Corporate 2 State Owned Enterprise 	<ul style="list-style-type: none"> Agricultural Insurance Financial Services Telecommunications Technology Software Development Petrochemical Manufacturing Banking Education Legal Medical Engineering Consulting 	<ul style="list-style-type: none"> Over 4 000 hours Focusing on Individuals, Management, Executives and Teams Personal coaching Young Adults. Life Coaching and Couples Mental Toughness Sports coaching 	<ul style="list-style-type: none"> HCPSA, Industrial Psychologist International Gallup Certification* Arbinger Institute South Africa

**Gallup's Certification Programme is approved with the International Coaching Federation (ICF).*

FORMAL EDUCATION:

Institution

University of Pretoria

University of Pretoria

University of Pretoria

Vanderbijlpark, High School

Degree(s), Diploma(s), Certifications obtained

MCom Industrial Psychology

BCom HR Management (Honours)

BCom HR Management

Grade 12

CLIENT BASE:

finding solutions

create possibilities & pay it forward

